

ERTC AGM

HERTFORDSHIRE SPORTS VILLAGE, HATFIELD



11TH OCTOBER 2015, FOLLOWING REGIONAL CHAMPIONSHIPS.

ATTENDEES: STUART KELLY (CHAIR), NICKI WELLER (VICE CHAIR), RACHEL PARKER (SECRETARY), PAUL KITCHEN, DAVE KINGABY, KARLY GOOD, PHIL DODSON, ANDREW JONES, NEIL PIKE, PAT DODSON, JANE HAWGOOD, FIONA TREDGETT, EMMA PAYTON, TERRY WILLIAMS, GRAHAM WILLIAMS, GARY LEWIS.

MINUTES

1. **AGREEMENT OF AGM MINUTES FROM PREVIOUS MEETING (SEPTEMBER 2014)**
(On Trampoline-East Website for members to view)

2. **CHAIR'S WELCOME**

SK welcomed all and thanked the committee for their hard work and time for the region. He also thanked those attending the AGM after a long competition. SK thanked Pat Dodson and His team of coaches for making the Regional Finals earlier this year a great day for all of those Children who competed and the parents who came to watch, which brought both our competitors and clubs together as one team. SK separately congratulated Karly Good for her British Gymnastics National Safeguarding award, given in September.

3. **REPORTS FROM 2014/5 COMMITTEE**

Coach Ed – (TF) see appendix.

ECGA rep (NW) – there are still bursaries available for clubs which are not being claimed - £600 can be claimed for trampoline related activity for clubs less than 100 members, 800 for clubs 101 – 200, £1000 for clubs 201 – 500 and £1200 for clubs with 501+ members – Nicki urged clubs to claim. For Essex clubs, anyone doing a judge course can claim their money back after judging for 2 comps – go through the Essex committee. Do DMT want to have a regional coach? – Still at discussion stage.

TTC committee meeting attended by NW – will be placed on the website once checked through, covering TRA, DMT, tumbling. NW will send these on to DK for the website.

English championships will almost definitely happen – again details will be forwarded by NW.

Welfare Officers report (KG) – see appendix

DMT Squad (PD) see appendix

Communications officer (DK) – please promote the Facebook page to keep up to date on the region. Could always do with more traffic.

TRA Squad (PK) see appendix

Competitions (NP) – NDP qualifiers running separate. NP available to help run open grades. Next comp Brentwood open Nov 15th. If any clubs want assistance please contact Neil.

Judging rep (AJ) – Extended thanks to everyone who volunteered to judge throughout the year. Competitions cannot run without the officials and we go from strength to strength now. Some issues at start of the year with numbers of judges at a comp but now resolved. Judge courses have run and we have probably 50 new judges in the region this year. Attempted to run a DMT course but has been cancelled due to insufficient numbers. Thanks to those judges who officiated in NDP finals. Next year AJ will be supported by Andrew Aistrup (with agreement from committee) due to personal commitments. National judges can get half the money back if they pass, but no Nat judges courses are scheduled to run in 2016.

Treasurer's report (AH) – Now part of the schools committee as all the money is for schools. Currently around £1800 to spend on schools.

DMT Rep (EA) EA sent apologies. We have had a vast increase in competitors since last year in DMT, part of this is due to having a coaching course and having plenty of people from within the region attending. I hope that this carries on increasing so we can build on our incredible performance at Regional team finals, NDP finals, British Championships and hopefully at the Trampoline League finals. Congratulations to all that competed! At this year's regional championships we have increased on the amount of competitors compared to last year. With more coaches qualified, competitions next year should see an increase in competitors with more clubs entering people in to compete.

Disabilities rep (SJ) SJ sent apologies for not attending, however wanted to encourage more disabilities performers to compete. If any clubs need help in categorising their performers please speak to Sarah who can help.

4. 2015/6 COMMITTEE ELECTION

Committee was nominated and elected with no changes to personnel from 2014/5, but with new position of disabilities rep, and removal of regional and National competitions rep, and DMT rep.

5. COMPETITION DATES FOR 2015/6 AND STRUCTURE FOR EACH

BG have sanctioned the competition in March to run one week after the official cut-off date.

NDP 1 – 7, DMT 1- 7, TPD not national. December 6th – Cambridge, 28th Feb Hitchin, 20th March – Regional qualifier

Open – Brentwood 31st Jan (TBC), plus one in April – venue TBC – suggestions for venue welcomed.

For NPD qualifier – Range and conditioning will be judged by judges rather than coaches. Guidelines and marks have been proposed, AJ would like to run a test event hopefully in December to trial this. The Range and conditioning will not have to be repeated in the semi-finals.

NDP finals will require a team manager again – SK proposed Pat Dodson who agreed to take this on.

All clubs present were happy to continue with the open structure.

Future competitions will have closing date 3 weeks before the competition rather than 2 weeks before, so that official panels can come out with more notice.

6. PROPOSAL TO AMEND TRAMPOLINE-EAST CONSTITUTION TO REFLECT COMMITTEE POSITIONS

Removal of regional and National competitions rep, and addition of Disabilities rep. Removal of schools associated positions (Schools rep and Treasurer) to form a separate committee to cover the schools competitions. Trampoline-East will continue to support and assist whenever necessary.

7. AOB

No AOB. Meeting closed at 7.12pm.

Appendix

Coach Ed report:

Course Co-ordination - Annual Report – 2015

As previously, I have requested specific information on the courses we have held in the Region over the last 12 months. Michelle Ellis the Workforce Coordinator for our Region has provided the following information for the Level 1 & Level 2 courses that have taken place.

| Level 1 courses | No of candidates | No of awards completed |
|-------------------------|------------------|------------------------|
| Sawston 9 November 2014 | 12 | 6 |
| Hitchin 25 January 2015 | 12 | 12 |
| Easton 19 July 2015 | 12 | Course ongoing |
| TAC 13 Sept 2015 | 11 | Course ongoing |

| Level 2 courses | No of candidates | No of awards completed |
|----------------------|------------------|------------------------|
| Brentwood 7 Sep 2014 | 7 | 6 |
| Sawston 20 Sep 2015 | 9 | Course ongoing |

No TRA Level 1 or 2 courses cancelled during this period.

| DMT course | No of candidates | No of awards completed |
|--------------------|------------------|------------------------|
| Hitchen April 2015 | 19 | 18 |

| Level 3 courses | No of candidates | No of awards completed |
|------------------|------------------|------------------------|
| Sawston Sep 2014 | 12 | unknown |
| Sawston Dec 2014 | 12 | unknown |

All the Module 3 courses planned for 2015 have been cancelled, due to either a lack of numbers or desire to change location due to increased charges that then never materialised into course bookings.

In the past 12 months, Charlie Mussino has successfully completed his Level 1 Tutor training and is now a registered Level 1 Tutor. He is currently working towards his Level 2 tutor training award. Sarah Jones has also been confirmed as a Tutor for Level 1 and Level 2.

There had been plans to hold an assessment mop-up day in September, but unfortunately this did not occur, the Regional workforce will revisit this option in 2016.

Proposed Course dates for 2016 will be released in the next month

Tony Fagelman
Course Co-ordinator
October 2015

Welfare Officer's report:

NEW LEGISLATION/GOVERNMENT GUIDANCE/BG UPDATES POLICIES & PROCEDURES:

All BG safeguarding and protecting children policies and documents were updated in October, DBS Check policy and guidelines updated in November and BG Health, Safety and Welfare policy updated in November, I would draw all clubs attention to these updated policies to ensure they are implementing and adhering to current best practice.

WELFARE MATTERS:

Nothing to report.

EVENTS:

Our Regional Annual Club Welfare Officer's Day took place in May which was a success although numbers were disappointingly low. The day was very beneficial to those that attended. Positive feedback was given by those that attended. If numbers do not increase, these days may no longer be able to run. They are funded by ECGA. They have also been used as a good example to other Regional Welfare Officers in other regions by British Gymnastics Ethics and Welfare Department.

The Annual Regional Welfare Officers Conference run by British Gymnastics was postponed from September 2014 to February 2015 where the East Region were presented with an award for commitment and safeguarding in the region. At least 2 Time To Listen courses have been run in the region.

OTHER POINTS / MATTERS TO REPORT:

All of our Club and County Welfare Officers are doing a great job, taking time out of their already very busy schedules to deal with any problems that arise. As Regional Welfare Officers, myself and Verity Adams are extremely grateful for their continued commitment. There are currently vacancies for Norfolk, Suffolk and Essex County Welfare Officers. If anyone knows of anybody that may be interested, please contact Karly.

Karly Good, Regional Welfare Officer.

DMT report

This year has been a remarkable season for the Eastern Region in Double Mini Trampoline.

Following our two regional qualification competitions we took a squad of gymnasts to the Regional Team Finals competition in Peterborough, in May. A fantastic set of individual performances from our gymnasts secured the Eastern Region 6 medals; 3 Golds (Imogen Mayhew, Hal Ottley, Max Gaeta and Ed Parkin), 2 Silvers (Daniel Cotta and Chloe Caley) and 1 Bronze (Ella Houston). However, the combined team performance produced an outstanding result of 3rd.

The Eastern Region is the 3rd best region in Great Britain for Double Mini Trampoline!

As a result of the brilliant results from the Regional Team Final 9 of our gymnasts qualified to progress to the NDP Finals, held in Telford in July. Although back representing their individual clubs, the gymnasts did us all proud. The Eastern Region can now boast:

5 NDP Champions – Hal Ottley, Max Gaeta, Chloe Caley, Dan Cotta and Luke Dewe.

1 NDP Silver Medallist – Edward Parkin

3 further top 8 finishers – India Goodman (5th), Caitlyn Stannard (6th) and Ella Houston (7th).

In September the British Championships were held in Liverpool. The Eastern Region had a sole competitor at this competition, Reece Noden of Sprung Loaded, who placed 4th in the 17 – 18 men's competition. Well done to Reece.

BGTV have recently completed a series of promotional videos, show casing each discipline within our Gymnastics family. Sprung Loaded were chosen by BGTV to provide the facility and gymnasts for the DMT video. Members of the Eastern Region from a number of clubs featured in this brilliant video, as part of the Discover Gymnastics series.

It is extremely pleasing to see 54 entries in DMT at this year's Regional Championships, to be held in Hatfield. The sport of DMT is gathering real pace in the Eastern Region.

Phil Dodson.

TRA Squad report

A new approach to the squad format got underway this year enabling us to invite more gymnasts and coaches through the two tier approach based on age groups. The reduction in numbers per group enabled coaches a better opportunity to work with both gymnast and coach and overall we feel the outcome was an improvement over previous squads, and will continue along similar lines. Once we fine tune the process, the criteria will be published on the website.

Dates for next year are going to be difficult to gauge. Coach and venue availability plus the annual national diary that is getting harder to predict, mean we have no idea how events will affect our choices. We will endeavour to provide four squad sessions as always but no guarantees can be made.

As you are aware, Jack's book "Over and Above" is now published and receiving worldwide acclaim. We are so lucky to have Jack with his wisdom and expertise working within our region and more so at our squads. As always we experienced great support and enthusiastic exchange from everyone, and many thanks to Jack for his never ending energy to bring something to the region based on the technical approach to the learning process.

We can now see the beginnings of a gradual change with the emergence of young talent who are now receiving guided coaching based on the long term outcome.

Thanks also to Pat and Dave for their skills and experience which make the whole thing work.

Pat, Jack and I at the continued request from some clubs, have extended our involvement by offering time to continue the basis of squad delivery, and to 'push on' a little. Whilst the foundation stuff is being dealt with admirably, it is important to recognise that it is just that. However coaches need to make assessments as well as to when to test the potentials of their gymnasts by discovering and experimenting with their capabilities and coping skills. This becomes a vital piece of the jigsaw in the LTDP of their gymnasts.

As the NDP pathway continues with a view to helping coaches and young gymnasts aspire to the highest level, the work at the squad sessions will continue to replicate some of the elements in that program. This should:

- 1) Make coaches, Parents and gymnasts aware of the standards expected within the NDP structure.
- 2) Enable those of sufficient ability and ambition to start working towards the stated goals of the National program.

Paul/Jack/Pat.