Qualification Requirements

The Regional competition structure involves a series of events (max 3) with gymnasts being ranked across this series in order to determine the gymnasts who qualify to represent the region at the *Inter-Regional* Challenge Cup finals.

The winner of each category and age group at the *Regional* Challenge Cup Championships (18th June 2023) will be selected to represent the region providing they have achieved at least 70% in range and conditioning.

The Inter Regional Challenge Cup is for Regional grades only. Please note that "out of age groups" (i.e. those added by the Region to provide greater competition opportunities), are not eligible to progress beyond the Cambridge competition.

To select the second gymnast and the reserve, the remaining gymnasts (i.e. excluding the Regional Cup Final winner) will be ranked using their best 2 overall scores across the series. Only scores where two complete routines i.e. both routines marked out of 10 skills, will be eligible for the rankings. The top ranked gymnast in each category and age group will then be selected to represent the region (alongside the Regional Cup Final winner) providing they have achieved at least 70% in range and conditioning.

For Level 4 for all age groups if numbers allow BG may invite the third placed gymnasts from each region to compete at the Inter Regional challenge cup. This decision will be made by BG after entries have closed, therefore when team selections are made for Level 4 only a first and second reserve place will be offered to allow for this.

Qualifying for the East Regional Championship

For the Club and Regional Championship on **18th June 2023** gymnasts are required to achieve a qualification, which varies according to grade and discipline, these are outlined below.

Club Level

<u>Trampoline</u>-----Qualification to the Club Cup Championships on 18th June 2023 in Cambridge:

"should be based on one or more objective, predetermined criteria. It is for the regions to determine their qualifying criteria and the TC would suggest an execution score of 28.0 for two exercises at one of the qualifying events."

The committee have agreed that to make the Cambridge competition more achievable for club level gymnasts that a score of **27.0** will be the qualifying criteria. So a Club level gymnast in Trampolining or Disability trampolining will need to have scored 27.0 or more to be eligible to enter the Club Cup Championships at either of the Regional competitions planned for 22nd January in Harlow or 12th March in Colchester.

<u>DMT</u>

• Complete all 4 passes at the same competition.

Regional Level

Trampoline and Disability trampolining

Qualification to the Regional Cup Championships booked for 18th June 2023 in Cambridge

"Gymnasts who do not demonstrate the minimum difficulty performance standard or complete two complete exercises will not be eligible to qualify for the Regional Challenge Cup Championships."

So a gymnast will need to have completed their routines, with the required difficulty level to be eligible to enter the Regional Cup Championships at either of the Regional competitions planned for 22nd January in Harlow or 12th March in Colchester.

<u>DMT</u>

There are different score requirements depending upon the level of competition, and also a different required score for qualification to the Regional Cup championships, and for consideration for the East Region Team at the Inter Regional Team Finals.

- Complete all 4 passes at the same competition,
- Meet the minimum DD requirements.