



Committee meeting 31st January 2016

Venue: Brentwood School; 4.15pm

Apologies: Kim, Phil, Sarah, Clare, Andy, Alex.

Present: Ann H, Karly G, Dave K, Neil P, Nicki W, Tony F, Paul K, Pat D, Rachel P

Minutes

- Last meeting – matters arising.
 - Need to do a name change on the school bank account to ensure this is ring-fenced. Ann needs to make an appointment with the bank and get the name changed as this is more complicated than it sounds.
 - Stuart has apologised to Emma A for not informing her about the change in the committee.
 - Stuart will chase Andy about the new scorecards.
 - Need to be aware of what is being sent from the committee in conversations on Clubs@ mail – lots of people will receive in addition to just clubs.

- Committee reports and matters arising from.
 - A reminder that Disabilities NPD people need to complete a form to BG to go through to the next round.
 - Competition report – Cambridge ran well – Requests from clubs to turn the music volume down next time.
 - Schools – need to provide judges – at a cost to the schools region. Clare to set a fee for the expenses for judges. Slight difference between Clare's payments and Ann's balance – slight increase in actual amount in the bank. Ann's figures were noted to be correct.
 - ECGA report – Looking for IT people to run their competitions – 17 clubs have taken the bursaries – all clubs need to apply! No Essex rep for trampolining still. Do we want a regional coach? T-shirts for the regional NDP need to say 'Eastern Region' only and will be funded by ECGA.

- NPD range and conditioning
 - Can those who have already qualified are able to come to Hitchin to trial the range and conditioning? Need to know who will want to come along beforehand to timetable it.
 - AJ to come up with a format for the region to run the NDP trials and send out.

- Competition costs (NDP)
 - Cambridge competition lost money. Need to look at ways to save money at Cambridge – lovely venue but too expensive. Look at ways to reduce the cost – lunches? Cannot afford staging and AV projector. Stuart to discuss with Andrew Aistrup
 - Need to go back to both Cambridge and Hitchin venues to reduce cost – propose £20 per trampoline as a more realistic cost of wear and tear.
 - Agreed to put NDP competition up to £10 per entry. No cost for those wishing to trial range and conditioning, however declaration of those wishing to attend is required to schedule the numbers in.
 - Who is providing DMT for Cambridge? Ipswich 4 and Sprungloaded to agree between themselves. Nicki to feedback.

- Open competitions
 - MOA wish to run a competition later this year but no dates are set as yet.
 - Possible competition at Norwich although nothing definite as numbers would be limited due to their new venue.
 - Not discussed, however there is a disability competition at Warley, Essex on 13th March. Tricia has requested that we advertise this on the website.

- Actions from AGM (constitution)
 - AJ to send RP copy of constitution so the roles can be changed.

- AOB
 - Committee emails – email circulation needs to be updated to the current committee.
 - Should there be a position on the committee for those who deal with the national league? Unless National league comes down to region this this was felt unnecessary at this moment in time as clubs are competing anyway without any issues.
 - Fiona Tredgett is climbing mt Kilimanjaro for charity – wants a space to promote this at Hitchin and a link to the website – this was agreed. Any other similar fund raising requests will be looked at on an individual basis if the committee is approached.

Meeting closed 5pm



Trampoline East

Committee reports

Chair - Stuart

Welcome all to our first meeting of 2016. As Chair I don't have anything to put forward in my report, but as we have a few things on the agenda to get through today I will move this meeting on.

DMT report - Phil

- The Cambridge competition was successful for DMT, well run, with a good number of performers hitting the required scores for the Regional Team Qualifier.
- Reece Noden and Jack Maydom, both of Sprung Loaded have been accepted into the GBR DMT squad for this year, and will be trialling for the European Championships at the end of February.

TRI squad report - Paul

We seem to have finally confirmed dates, venue and coaches. Fingers crossed there will be no surprises around the corner forcing us to change our arrangements.

The forthcoming squad trial on the 21st February will be split into two sessions. 9am until 12pm- 12pm until 3pm. Clubs will be invited to one of the two sessions where all of their nominated gymnasts irrespective of age groups will attend. This is to ensure coaches will only have to attend one of the two sessions with those travelling furthest in the second trial. We are carrying over a small surplus of cash from last year so the cost of the trial for each gymnast will be £7.50. We have around 50 gymnasts trialling so please be aware that not all will receive selection.

In brief the trial will consist of a general warm up followed by a gymnastics type activity on the floor. This will be followed by a technical session, details of which will be sent to all clubs in due course.

Two groups will then be selected on a Tier System.

Tier 1 will consist of selected gymnasts who, at trial, demonstrate the ability to develop along a pathway consistent with British Gymnastics strategies.

Tier 2 will consist of gymnasts yet to demonstrate the required level, but given the opportunity and guidance could achieve Tier 1 selection in due course. However, movement either way could be made during the year at the coaches discretion.

Both Tier 1 and 2 will be of mixed ages. Having two tiers will allow us to manage a program geared specifically toward each group.

Schools rep- Clare

Sunday 29th November was the first round of Schools held at Hitchin Boys School. The day did run behind so thank you to everyone who helped get it back on track. We did have a distinct lack of judges due to trying to rely less on the schools to provide them and outsource through clubs and pay expenses, this did not work well and next year we will be looking back to the schools to provide them with heavy penalties to be paid if they are unable to source their own. I am still consolidating the expense claim forms for judges so anyone who has not yet sent it in please ask them to email me for the form. (Figures below are shown before this has been taken out.)

The 2nd round in Cardiff saw a lot of our region qualify into the finals.

I am currently looking for Judges to go to the final round in Wigan on the 19th March, expenses will be paid at a flat rate of £100.

	In	Out
Comp Entry's	£4,424.00	
Star Commission	£ 65.00	
Trophies		£ 776.00
Judges costs		
hall hire		£1,350.00
Lanyards		£ 148.50
pouches		£ 10.49
DE photo Commission	£ 74.42	
Stuart Kelly Expenses		£ 36.00
Neil Pike Expenses		£ 115.66
Totals	£4,563.42	£2,436.65
Current Balance		£2,126.77

Coach courses coordinator report

Dates for all 2016 trampoline courses in the Region have been submitted to BG for approval.

The current plan is to hold 1x L1 course in central, east, west and south of the Region throughout the year and to hold 2 x L2 courses. Locations to be confirmed. We will also be holding all 4 level 3 modules during the year, subject to the modules gaining sufficient participant numbers.

As soon as the final dates are confirmed, I will advertise them to the Region via the Trampoline East website and BG should release them onto the courses site.

For information: As from June 2016, all L1 courses will move to an e-learning module which will reduce the course attendance days from 3 to 2, with the 2 course attendance days focussing on the practical requirements of the course. This bring it in-line with the new 4 day L2 course.

The new L3 theory course has been finalised and Charlie Mussino is confirmed as a tutor for this module. Delivery dates have not yet been confirmed.

Welfare Officer report

The Time To Listen Course has been updated by the NSPCC CPSU and has been rolled out to all tutors for use from 1st January 2016 which has been condensed in time and legislation, based on feedback the CPSU received from various NGB's.

The Annual Regional Welfare Officers Conference took place in September. This was very beneficial. There were presentations from the Ethics & Welfare Department as well as DAS Law, Agility UK Health & Safety and Enact Solutions (roleplay drama). RWO's also had the opportunity to meet new members of the BG Ethics & Welfare department as well as the new Business Support Partners. If anyone would like any information on any of the above or how they could help your clubs and counties (other than Enact), please don't hesitate to contact me.

British Gymnastics are currently organising two conferences in the country, one in the north and one in the south. I am currently awaiting more information on the date, venue and content of the south conference before I can establish whether to have this run instead of the CWO Day this year. If anyone has any views or opinions on this, please don't hesitate to contact me. I am hoping for more information from BG soon as some deadlines have already passed.

BG are introducing a new reporting mechanism for RWO's to report monthly case types so I would encourage all clubs in our region to contact me with any welfare issues that they deal with in clubs, even if it is not severe enough to have to be reported on, it will help BG to understand the issues that clubs are dealing with at low levels.

I am hoping that BG will also issue me with a form of ID in my role and an e-mail address which I will make you aware of once I have this in place but in the meantime, please use karlygood@hotmail.co.uk or my mobile number 07711 903 611.

Our region are still short of County Welfare Officers for Norfolk, Suffolk and Essex, if anyone knows of somebody that may be interested, please let me know.

Communications report - Dave

The website continues to be updated as needed. I have changed the way competitions are listed slightly and added a new calendar that should make it easier to find out what is happening when.

Treasurer Report - Ann

The balance is looking very healthy thanks to this year's income from the schools competition
Account as of 31 January 2016

Opening Balance of	£2,141.84
Income from Schools Competition	£2264.77
Regional Leotards	£337.00
Current Balance	£4069.61

I now have Expenses Sheets available for anyone who needs to make a claim

I have emailed a copy of the accounts to committee and have all paperwork available if required.

Although accounts are not substantial and may not warrant being checked by an accountant I did wonder if they should be peer reviewed – perhaps by someone well known to Trampoline East, but not a committee member.