

Committee Meeting 16th August 2015 – Starting 10:30

Venue; Suffolk New College Sports Centre. IP4 1LT

## Agenda

Attending: Stuart, Nicki, Ann, Tony, Karly, Dave, Claire, Phil, Pat, Alex

Apologies: Rachel, Paul, Robin, Sarah, Andy, Emma.

Last meeting – matters arising and approval.

No matters arising, minutes approved.

## 1. Committee reports and matters arising.

Stuart - Chair - Welcome all and thank you for giving up your time to attend this meeting.

We have quite a few topics to get though today so I won't hold up the meeting with a big intro. But I would just like to say a big thank you to Pat and his team for making the Regional Finals a great day for all of those Children who competed and the parents who came to watch. I know there was a few issues on the day regard's the venue, but as an event I thought it was a great success for us, bringing both our competitors and clubs together as one team.

**Phil – DMT Squad** - This year has been a remarkable season for the Eastern Region in Double Mini Trampoline. Following our two regional qualification competitions we took a squad of gymnasts to the Regional Team Finals competition in Peterborough, in May.

A fantastic set of individual performances from our gymnasts secured the Eastern Region 6 medals; 3 Golds (Imogen Mayhew, Hal Ottley, Max Gaeta and Ed Parkin), 2 Silvers (Daniel Cotta and Chloe Caley) and 1 Bronze (Ella Houston). However, the combined team performance produced an outstanding result of 3<sup>rd</sup>.

The Eastern Region is the 3<sup>rd</sup> best region in Great Britain for Double Mini Trampoline!

As a result of the brilliant results from the Regional Team Final 9 of our gymnasts qualified to progress to the NDP Finals, held in Telford in July. Although back representing their individual clubs, the gymnasts did us all proud. The Eastern Region can now boast:

5 NDP Champions – Hal Ottley, Max Gaeta, Chloe Caley, Dan Cotta and Luke Dewe.

1 NDP Silver Medallist - Edward Parkin

3 further top 8 finishers – India Goodman (5<sup>th</sup>), Caitlyn Stannard (6<sup>th</sup>) and Ella Houston (7<sup>th</sup>).

**Tony – Coach Ed** – so far this year there have been 4 TRI courses & 1 DMT already. L2 starting in Cambridge 20th Sept still spaces (DK to advertise to region), & L1 in Brentwood in 13th September also spaces. Other diary dates were also advised. The pass rate for courses held in the region is currently at 96%.

Ann – Treasurer – £1,804.84 balance. The current balance stands at £1804.84. The bank shows a balance of £1854.84 - this is because of a cheque issued for judge expenses which has not yet been cashed.

**Karly – Welfare** – Karly thanked all Club Welfare Officers that attended this year's event, it was great to see and hear their commitment and enthusiasm for the role we play in Safeguarding and Protecting Children in our sport. It was also nice to be able to share our award with them all. Unfortunately, there were only 14 Club Welfare Officers in attendance, on behalf of only 11 clubs, representing around 10% of the region. This is immensely disappointing due to the amount of work, effort and finance that is put into making this day possible. For those that were there, I think they will agree it was yet again another beneficial day.

Annual Regional Welfare Officers Conference is due to take place on 5th September in Manchester. Although this is now two in a year, the one that took place in February was due to postponement from September 2014.

The person that Karly had approached who had shown an interest in taking on County Welfare Officer for Essex has not responded to any of my communication, therefore, I suspect that they are no longer interested. If anyone knows of anybody who may be interested in the role of County Welfare Officer for Norfolk, Suffolk or Essex, please do let Karly know.

#### **Alex** - nothing to report

**Emma** – DMT Rep report: Firstly I want to say congratulations to all the competitors that took part in representing the region in DMT. We are all very proud of them. We have run a club coach DMT course with many people from the region participating. Hopefully they have all passed and we now have more clubs qualified in DMT and starting competitions next year. We have a club judging course running in the region which again I hope people from the region have signed upto. Fingers crossed for next year that with the coaching and judging courses we will have more people competing next year and a bigger squad to take to regional finals.

**Kim** - There hasn't been any Cambridgeshire meetings since the last Trampoline East meeting - albeit there is an AGM on Saturday 29th August.

**Claire – Schools** – Regional schools will be held at Hitchin Boys School Sports Centre, Hitchin on Sunday 29th November. Entry will be £12 per child, no extra charge for teams and officials do not need to be provided by the entrants but will be given expenses from the rise in entry fees so please pass on names of anyone who wishes to be considered. Once again late entries will be at triple the price and anyone entering after the program has been released will run the risk of not being eligible for placing.

Central zonals will be held at Sports Wales National Sports centre, Sofia Gardens, Cardiff.

Finals Saturday 19th March at The Robin Park Arena, Wigan, Lancashire.

Entry forms will be out for our regional round as soon as the rule changes are finalised, nothing much is due to change but a little bit of tidying up from last year's big changes.

**Rachel** - Only thing to report as Norfolk county rep is that there is a new fun trampoline park opened in Norwich. I have yet to visit. Dragons TC is also moving up the road to a new purpose built gymnastics centre which will also house 7 trampolines (one in a pit). Trampolines will be out permanently.

**Dave** – We have run 4 squads and a junior selection event this year, all bar one involved Jack Kelly apart from the one prior to the NDP Team Finals where the opportunity was taken to work on preparing squad members for that. With total income at £2,100 and expenses at £1,915, we have a small surplus which we will use to subsidize the cost of the next squad event, ensuring that the squads remain self-funding and cost neutral.

|                | Jack Kelly | Expenses | Total Cost | Charge | Attendees | Income  | Surplus/<br>Deficit | Cumulative |
|----------------|------------|----------|------------|--------|-----------|---------|---------------------|------------|
| 25th Jan Trial | £170.00    | £144.53  | £314.53    | £15.00 | 27        | £405.00 | £90.47              | £90.47     |
| 1st March      | £230.00    | £206.80  | £436.80    | £15.00 | 36        | £540.00 | £103.20             | £193.67    |
| 24th May       | £230.00    | £220.80  | £450.80    | £15.00 | 33        | £495.00 | £44.20              | £237.87    |
| 5th July       | £0.00      | £232.60  | £232.60    | £10.00 | 33        | £330.00 | £97.40              | £335.27    |
| 19th July      | £230.00    | £250.60  | £480.60    | £15.00 | 22        | £330.00 | -£150.60            | £184.67    |

The largest element of expenses is Hall Hire, we have been fortunate in being able to have access to 3 courts whilst only being charged for 2. We can't always guarantee this but this has saved us £392 because the squad really does need 3 courts available to function. The remaining element (total just over £270) is for equipment wear & tear and travel costs for squad coaches who have none of their own kids attending.

The (near) £185 surplus we are currently holding on account for squad members will be used to either offer a further, discounted, squad session for members (calendar permitting) or to filter through into next year's squad as an opening balance ensuring we can continue to keep costs as low as possible.

#### Nicki ECGA

AGM 19th July & Ctee - Jenni Morgan stood down as secretary, Debbie ? (Essex) replacing her, Sally will stand down next time, somebody is shadowing the role this year.

ECGA have a significant balance and there was much discussion on how to give this back. Bursaries not always taken, often because they are the wrong opportunity at the wrong time (e.g. L1 bursary when L2 courses are needed) so a more flexible scheme is being introduced. All clubs have had a letter advising that they are entitled to claim a bursary on any trampoline related activities/equipment based on their registered ECGA membership as at December 2014. For up to 100 members, clubs can claim £600, 101-200 £800, and >200 £1,000, these are available between Jan 1 - Dec 31 2015 by application to Alf – receipts will be needed.

Squads need to be self-funding although can apply for funding for additional speakers. Squad Clothing - T-shirts will be provided for events representing region, as will entry fees be paid for representing region – on this basis inter-regional will be paid, national final won't be.

Ongoing debate on provision and supplier of leotards for all disciplines. (Consideration of issuing a standard track/trouser spec). Suggested comp entry fee to go up to £8.00 per discipline. Also suggested judges expenses be paid, 30p per mile, capped £20.00. Regional Affiliation is staying at £2.50.

ECGA want us to have Trampoline & DMT (subject to clarification) Regional Coaches, can delegate roles, payment of £4,000 (as self-employed) - Nicki has JD in something called a DropBox, needs to be a robust recruitment & interview process. Nicki to find out what DropBox is and possibly come into 21st century, to

update JD. Also needs person spec. Performance pathways being reviewed since they are not gaining momentum desired.

Claire to establish a School's Committee. It was also noted that there is a need to ring-fence the money generated from the school's activities.

# 2. Vote on dual (1) or single (2) structure for competitions 2015/2016 Competitions

- Stuart abstain
- Paul 2
- Robin 1 for financial separation.
- Sarah 1 for financial separation.
- Rachel 2 saving weekends, expense, keeping together.
- Emma -1
- Andy 1
- Phil 1
- Tony − 1
- Anne 1
- Karly 2– same reasons as Rachel.
- Nicki − 1
- Neil 2 admin management.
- Dave 2– same reasons as Rachel.

Needs to be available for discussion at AGM if raised.

Confirmation of dates and venues

- Reg NDP 1 6/12/15 Camb
- Reg NDP 2 28/2/15 Hitchin
- Reg NDP Semi 20/3/15 Camb
- Reg Grades 31/1/16 Brentwood
- Reg Grades April Norwich
- Also English Gymnastics Trampoline National League

SES

#### Competition cost

• £8.00 entry

#### Competition day format

New handbook online.

#### Judges lunches

• Continue to provide prepared snack.

#### Steve Locke shield.

• October comp. Under 9s, best form. Medals for all, red lanyard.

#### National league update.

Nothing noted.

## 3. Open structure 'choices':

Whether or not to tariff voluntary routines at Band 1 & 2?

Agreed that no tariff will be awarded but tariff judge will be needed to ensure the routines are within the band, also agreed that there would be a 0.5 deduction if outside the band.

Whether to score incomplete routines up to the last completed move (i.e. not as per NDP zero score)?

Agreed to award marks up to the last completed move.

## 4. Committee positions amend(rename)

Roles to be reviewed, disabilities to be added, DMT rep/squad roles to be merged. Rachel asked all cttee members please confirm happy to stand for election again. To specify which roles have voting rights.

## 5. Regional finals report. (Pat Dodson – Team Manager)

Following regionally based qualification events, The Peterborough Arena hosted the Regional Team Finals over the last weekend of May. This was a level 1-6 competition between teams of trampoline, double-mini and tumbling gymnasts from all regions of Great Britain and Northern Ireland. The East Region's team was small compared to some but, following a Get Together afternoon of training at Hitchin it showed great spirit and punched well above its weight. Our younger performers in particular were an inspiration and at the end of the first day on overall points we led the competition! Sunday, for the higher grades (4-6), was a little quieter for us but the East Team finished 5th on trampoline among the 12 regions and 3rd on double mini; a fantastic result!

On trampoline there were 5 golds for Shannon Waterman, Conner Houston, Harvey Bell, Carys Verdicchio and Hal Ottley; all aged 12 or younger. Ellis Rushworth jumped to silver and 4, Imogen Mayhew, Charlotte Warnes, Caitlin Constance and Monica Dowling collected bronze. 10 trampoline medals and 28 top eight placings was a tremendous haul.

On double-mini our small team also made a great showing with 7 medals including 4 golds for Imogen Mayhew, Hal Ottley, Max Gaeta and Ed Parkin. Daniel Cotta and Chloe Caley achieved silver and Ella Houston reached the podium for her bronze. 11 of the team achieved top 8, point scoring places.

Special mention should go to Hal for his double gold and to Imogen, also a double medallist.

The weekend went very smoothly for the East Team with just a minor wrinkle around the wish of a few club coaches to be with their gymnasts rather than entrust them to the Team Coaches.

26 of our Regional Level (NDP 1-6) gymnasts were then invited to compete in the National Development Plan (NDP) Finals which took place in Telford in July. Here they competed for their individual clubs. There were 6 golds on trampoline for Connor Houston, Harvey Bell, Charlotte Warnes, Hal Ottley, Carys Verdicchio and Max Gaeta. 4 Silvers were won by Kyle Yeupiksang, Ellis Rushworth, Erin Walker and Kaitlin Constance and 3 Bronze by Shannon Waterman, John Kerr and Monica Dowling. On DMT Hal and Max got further golds to add to those won on trampoline and they were joined by Daniel Cotta and Chloe Caley. Edward Parkin won silver. Altogether at these levels, gymnasts from the East Region won 18 medals and a further 8 top six placings.

Huge thanks are due to the East's coaches, judges and supporters for helping our gymnasts achieve such great results in 2015. Thanks too to Jack Kelly, Paul Kitchen, Dave Kingaby, Phil Dodson and the Region's Trampoline Committee for their work in supporting gymnast development. Our young gymnasts, especially at the lower grades, are showing excellent form which will hopefully be a springboard to further success at higher grades.

This year a few of the region's better gymnasts missed competing at either event for a variety of reasons. The competition structure at Regional Level and the qualification process for progression to Regional Team Finals and NDP Finals are changing for 2016 but hopefully the East's entries to both these events will grow.

#### 6. AOB

Alex - An Exec Panel will be at all national events to ensure all performers are safe - should we do this in region? We make use of Judge Co-ord & Chairs, supported by Technical Cttee - each panel Chair plus 2 from Cttee to make decision.

Epping Forest after a coach. (Email??)

Clarification on membership levels required for Gymnasts - Bronze for NDP 1-5, Silver above 5.

# 7. Meeting closed 12:50.