

## Trampoline Technical Committee

11<sup>th</sup> September 2013

To all Chair Persons of Regional Trampoline Committees

Firstly, thank you all for taking the time to attend the meeting on 1st September. From this meeting and Jane Allen's subsequent email to you, the implementation panel met on Thursday 5th September to discuss the points raised. Please find below the outcome of these discussions. Attached to this communication are files with some amended routines, qualification scores and minimum DD's.

Points raised:

1. **Arm set as skill 1 and 6 in bounces for regional routines** - This has been reviewed and removed from Levels 5 & 6 but will remain the first skill of all other regional and club levels. As stated at the meeting, this is to make the practice of this skill more deliberate.

Rationale – Many gymnasts start their routines from jumps that they really shouldn't, and/or don't consider the jumps as part of a proper routine preparation. 6 pre-routine jumps allows development gymnasts adequate time to prepare and if this becomes their 'norm' in training in early stages of development through deliberate practice, it will in turn assist in their overall technical and mental preparation for the routine. In the early stages of change it will be vital that coaches teach the gymnasts to make good decisions on safety to start the routine and can use the time allowed before starting the routine if required. In light of the feedback received, there will now be a bonus of 0.2 for gymnasts that adhere to this criteria and not a deduction for those that don't.

2. **Level 7 compulsory routines** - For year 1 and to help with transition, the panel has agreed to change the compulsory routine for age groups 15/16 and 17+ to give time for current gymnasts to learn/master the skills required. These two age groups will compete the same compulsory as the 13/14 age group. Please note that this will revert to the original publication from 2015.
3. **Increased participation at the British Championships and NDP National Finals** - It has been agreed that for 2014, each age group at level 7 and 8 will have a maximum of 24 gymnasts and each age group at the British Championships will have a maximum of 16, all of whom must have achieved the minimum criteria. These numbers will be reviewed each year.
4. **Minimum DD's** - the minimum DD's for levels 7, 8 and elite have been amended for 2014 to assist with transition, with the exception of 19+ at level 8, and will be recalculated using data from the 2013 and 2014 World and World Age Groups for 2015. The minimum DD's for the 19+ at level 8 have not been amended as this pathway underpins the Elite level and is a transition to the senior competition.
5. **Qualification scores and process** - attached are the qualification scores for compulsory, set and voluntary routines and guidelines for regional gymnasts to achieve before moving levels. At level 6, the gymnast must score the minimum execution score for the level 6 compulsory and minimum execution for a voluntary routine which must have a minimum DD equal to level 7 requirements (same age group). For levels 7, 8 and

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elite, in order to be ranked for invitation to the relevant National Final or British Championships, each gymnast will have to attain the minimum execution score on all routines and the minimum DD to be able to use that competition score for ranking. Should a gymnast fail to achieve the minimum standards (DD + Exec) or not complete 10 skills, the competition results for that event will not be used for ranking purposes. The best 2 scores from 3 competitions which have met all published criteria will be added together and the gymnasts ranked. The top 24 for levels 7 & 8 or 16 for elite will then be invited to the relevant finals. At the finals, there will be a draw for the start order and then the top 8 in each group will compete in the final in order of merit. The zero score for incomplete routines or lower than required DD's has been removed in favour of the above statement.

6. **Pathway** - Once the pathway for a gymnast has been decided, they will compete in that level for the year. The only exception will be the first regional competition in January where gymnasts may try to qualify for the national qualifiers. Gymnasts will not be able to 'downgrade' in a season so it is very important for the coach & gymnast to select the correct pathway/level, commensurate with ability/development.
7. **Regional qualifiers** - In 2014 there will be some flexibility in regional qualification dates to allow for booking of venues and the Regional competition organisers should advise the NCO and NTTCC Chair of the dates of their 3 regional events in January, February and March. Regions are of course free to add more competitions to their calendars but these will not be part of the qualification process to the Regional Finals.
8. **Membership fees** - BG membership for gymnasts will be bronze level up to and including level 5 and silver for those competing at level 6 and above. It is anticipated that this will be reviewed for 2015.
9. **Entry fees** - the cost for the zonal qualification competitions will be as advised, £45 for the first discipline entered. For each additional discipline, the cost will be £10 (per gymnast for synchro).

In integrating the Tumbling competitions into the Zonal Qualifier events, significantly bigger venues are required than has been the case for the previous Galas. In moving to these larger arena/convention centre environments, it is felt that this will also significantly improve the atmosphere and experience for the gymnasts to be able to compete at their best. The level of scoring and event presentation will also be upgraded across all the trampoline events in line with Trampoline's status as a flagship discipline within the Association. The changes to the qualifying standards for each competition is expected to lead to a reduction in the number of gymnasts competing at national level. All of these changes will have a financial implication on these events and therefore it has been necessary to significantly increase the entry fees for each gymnast. It is appreciated that this is a substantial increase, but does bring trampoline into line with the fees levied in the other disciplines and will facilitate a much improved experience for the gymnasts and allow the presentation of the sport to the spectators to be much improved.

10. **Synchro** - At NDP 7, all synchro pairs must come from the same Region, not necessarily same club. At NDP 8 and elite, pairs may come from outside of the region/club. The compulsory routine for level 7 will be the same compulsory as individual and for level 8 and elite will be the WAGC requirements relevant to age group. Minimum DD's for synchro will be 1.0 less than for individual. Execution scores are shown on the attached document. The age group entered will be that of the older competitor and partners must be at the

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same competitive level. The best 12 pairs from the 2 competitions who achieve the minimum requirements will be ranked and invited to the relevant final.

11. **Judges expenses** - From 2014 there will no longer be a requirement for judges to be provided to the Zonal Qualifiers, NDP Final and British Championships as part of the online entry by each club. The Technical Committee will appoint the necessary judges and will provide financial support to cover their travel and accommodation costs, in line with the BG Volunteer Expense policy. This change reflects the value that British Gymnastics attributes to the important role of judges at events and will harmonise these arrangements with the vast majority of events in all the other disciplines of the sport.
12. **Regional representative for smaller clubs** - Lindsay Hedmann has been invited onto the implementation panel and has accepted the invitation.
13. **DMT & TUM queries** - As the DMT and TUM structures were not available until 31st August, please send any feedback or queries to the panel at your earliest convenience by emailing the 'trampoline feedback' address – [trampolinefeedback@british-gymnastics.org](mailto:trampolinefeedback@british-gymnastics.org).
14. **Competition Handbook** – the competition handbook is due to be published in October. Please note that the handbook will supersede all the information being published / distributed today and will therefore become the definitive point of reference.

I hope you will agree that the implementation panel has considered the concerns of the regions and has made some amendments to assist with transition into 2014. As stated, the Handbook and supplementary information will be produced and published on the BG website at the beginning of October along with all of the other gymnastics disciplines. If after the publication of the handbooks, further clarification of the process is required, the panel will be happy to give that clarification.



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