Eastern Region Trampolining Grading.

Sunday January 22nd. 09:30 Start

Address. Courage Hall,

Brentwood School Middleton Hall Ln

Brentwood.

Essex.

CM15 8EE

Google Map. http://tinyurl.com/brentwoodgrading

Officials Meeting. 09:15 held by Nicki Weller & Andrew Jones

Local Contact. Neil Pike. 07710 168869

Parking. The number of parking spaces at the Courage Hall was reduced last year and with a larger competition there may be pressure on parking. The car park markings are designed to ease dropping off for the school days rather than weekend use. Please park considerately filling the space available. Do consider sharing transport if you can and allow time to get to the sports hall if you need to park further away. There is more parking on Middleton Hall Lane and the Council Car Park off the Ingrave Road.

Food/Drink. Tea, coffee, cold drinks, bacon rolls, chips etc. will all be available in the bar. Cakes will be on sale in the hall. Please use the bins provided for your rubbish.

Photos. No photo sign-in needed. DE Photo will be in attendance.

Star Leotards will also be on sale.

Warm-Ups. Start time shown in programme is that for the warm-up for a group. No warm-up marshalls – time period for warm-up will be set by the chair based on number of competitors times 90 seconds.

Presentations. Presentations will be done throughout the day

Trampoline Layout

Panel 1	Two 6x4's
Panel 2	One 4x4, One 5x4
Panel 3	One 6x4, One 4x4
Panel 4	One 4x4, One 6x4